



**“Every visit with Nancey throughout my pregnancy made me feel relaxed and at ease, and usually made me laugh, no matter how I was feeling.** When the time came, on Christmas Day, for our baby girl to come into the world, we were so thrilled that Nancey was the midwife on call. It felt right in every way. We had an incredibly quick delivery but there were a couple of harrowing moments. The 1st contraction was at 6:00pm (may I remind you again it was Christmas Day!) and she was born at 8:16pm. We got to the hospital at 8:04pm, and she came out 12 minutes later. There wasn’t enough time to get the fetal heartbeat and I was in so much pain that I couldn’t move my body to get into position to check for the heartbeat. While the nurses panicked and started holding my arms down and yelling at me to breathe and move this way and that, Nancey, very calmly, and with so much confidence, told the nurses to relax and back off while she checked me out. She told me everything was okay and that Hazel (the baby) had descended and was ready to come out, that’s why she couldn’t get the heartbeat. She told me to relax and just “breathe her out.” I will never forget that moment as long as I live. Nancey turned a moment of terror into the most beautiful moment possible. So, that’s what I did, I breathed her out, and Hazel came out immediately. I will forever be grateful to Nancey for her kindness and warmth and confidence, which ended up giving me a beautiful birthing experience. Thank you Nancey. We adore you.”

— MASSOUMEH