



“Sara was born after a dark and foggy night; I had labored much of the night at home, with Nancey’s encouragement.

Although she is my second child, the labor was more difficult than the first time

and I was questioning my decision to minimize medications. Nancey encouraged me to use the shower and movement to accomplish my goal of a birth with minimal intervention. She then recommended trying the tub to see if that would help and Sara came right away. Nancey worked with me in the instant that everything was happening to offer the options of rupturing the membranes and moving to a more standard bed, but then when I felt I shouldn’t move, she jumped right into the tub with me and made sure my little girl was guided safely into this world. She came out en caul, with a bubble around her, gazing up through the morning sunlight that was just entering the room. Nancey helped guide me and my daughter through the most beautiful and memorable experience of my life. She knew just when to offer encouragement or direction and when to stand back and let things happen and her approach led to a birth experience that felt just perfect for my child. She helped after the birth as well, checking in to make sure all was going as planned, even though she was no longer on call. Her skill, kindness, attention, and expertise made Sara’s birth into the experience that all mothers should have.” — CHRISTINE