

## "I met Nancey after feeling really lost at the beginning of my pregnancy. Isolated by the clinical approach at our local hospital, I was really craving the warm and calming maternal support and guidance she offered. The most amazing thing

was, while I was in labor for 2 full days, and she came to visit me at my home (IN A BLIZZARD!), to check-in, comfort me, and tell me I wasn't ready for the hospital yet. Without her, I would have felt scared, alone, and spent more unnecessary time in the hospital- certainly succumbing to the lure of pain medications. When it was finally go-time we had such a smooth natural birth, and she coached me through the whole way, and I was able to feel so connected to my body and the birthing process in a way I couldn't have imagined! Nancey also connected me with other new mothers, creating a necessary postpartum support network and great new friendships! I truly feel so blessed to have been able to work with her!" — HANNAH